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FOR IMMEDIATE RELEASE

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Sturgeon Bay Chiropractor Achieves Certification in Spinal Decompression Therapy

J G Moellendorf, DC, ND, LCP recently received notification that he had passed the certifying examination of the “Kennedy Decompression Technique” course and earned the designation of “Certified Practitioner” in spinal decompression therapy.

The certification course work was taught by the foremost expert in spinal decompression, Jay Kennedy, D.C., who has unparalleled experience and expertise in the field, having treated many thousands of patients over the last 14 years while using a variety of decompression systems.

The topics in the comprehensive syllabus covered a wide variety of subjects including proper patient selection, patient positioning, treatment time, amount of force, degrees of angle and included a two-day "hands-on" training session followed by the certification examination.

Spinal decompression therapy is a non-surgical, traction based treatment outcome for herniated or bulging discs in the neck and low back. During the procedure, by cycling through distraction and relaxation phases and by proper positioning, a spinal disc can be isolated and placed under negative pressure, causing a vacuum effect within it. The vacuum effect allows the disc component - that has protruded or herniated outside the normal confines of the disc - to be pulled back within the disc.

Dr. Moellendorf said, "Moellendorf Chiropractic Office, Ltd. is absolutely dedicated to providing quality care and the Kennedy certification course certainly honed my skills. While I have been very pleased with my high success rate on difficult disc cases, the knowledge I gained in the process of becoming a certified practitioner will definitely be of benefit to my patients."

Dr. Moellendorf further added, "Far too many doctors place too much emphasis on the type of decompression system they use and too little emphasis on developing their clinical skills. The Kennedy certification course taught us that high success rates don't occur by pushing a button on a machine, they occur because of the skill and expertise of the doctor."

For more information regarding this safe, effective, non-surgical treatment for neck and low back disc herniations, spinal stenosis, sciatica and failed surgery, go to www.all-about-spinal-decompression.com or call (920) 743-2364.

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